

## **Counseling Agreement**

#### The Goal of New Life Counseling

Our goal in providing counseling is to help you meet the challenges of life in a way that will please and honor the Lord Jesus Christ. Our goal is to encourage you to live more effectively by faith working through love and to enjoy God's love and commitment to you and His plans for your life.

#### **Kainos Counseling**

We believe that the Bible provides complete and sufficient guidance and instruction for every aspect of faith and life. We believe that the essence of true, biblical psychology is focused on one's soul or heart. We focus on the fact that, according to Scripture, we truly live out of the influence of our hearts. Our counseling is based on scriptural principles rather than those of secular psychology or psychiatry.

#### Referrals

Our counseling is not psychiatric care. Our counselors are not trained or licensed as psychotherapists or mental health professionals, nor do we follow the methods of such specialists. If this kind of help is needed, then the counselee should seek such help from a trained and state-licensed mental health professional or state-licensed institution. We do not endorse specific institutions or mental health professionals. If professional referrals are made, we can only inform the counselee that a particular mental health professional (psychologist, psychiatrist, etc.) or institution is state-licensed and has satisfactorily served sufficient clients. The counselee assumes the sole responsibility for the selection of a mental health professional or institution.

#### **Non-Christian Counselees**

Our counselors will gladly accept clients who are not professing Christians. With such clients we will work within the same framework as stated in the above sections. We believe that since God created us, He knows exactly how we are to live and deal with all of our challenges. His truth applies to all people and all situations. Our counselors will gladly and joyfully seek to lead all counselees to access God's power and wisdom for life and for living what Jesus Christ refers to as the "abundant life".

#### Confidentiality

Confidentiality is a vital and important aspect of the counseling process, and we will carefully guard the information you entrust to us. There are situations, however, when it may be necessary for us to share certain information with others: when there is a clear indication that someone may be in imminent danger of serious harm unless others intervene (Proverbs 24:11–12), or when it is necessary to seek the assistance of individuals or agencies outside the Kainos counseling ministry (Romans 13:1–5). Our counselors strongly prefer not to disclose personal information to others, and we will make every effort to help you find ways to resolve a problem as privately as possible.

# **Counseling Agreement (continued)**

#### **Resolution of Conflicts**

On rare occasions a conflict might develop between a counselor and a counselee. To ensure that any such conflicts will be resolved in a biblically faithful manner (1 Corinthians 6:1–8), all of our counselees agree that any dispute that arises with a Kainos counselor as a result of counseling will be settled by mediation and, if necessary, legally binding arbitration in accordance with the Rules of Procedure of the Christian Conciliation Service<sup>®</sup> (see https://rw360.org/rules-procedure-christian-conciliation/). Judgment upon an arbitration award may be entered in any court having jurisdiction.

Having clearly stated the principles and policies of the Kainos counseling ministry, we welcome the opportunity to minister to you in the name of Christ and to be used by Him as He helps you to grow in spiritual maturity and prepares you for usefulness in His Church. If you have any questions about these guidelines, please feel free to contact Rev. Dr. Benton W. Taylor at btaylor@kainosliving.com. If these guidelines are agreeable to you, then please sign below.

Signed

Date

This agreement is subject to arbitration pursuant to MD. Code Ann., Courts and Judicial Proceedings, Title 3: MD. Code Ann. {CT's. & Jud Proc.} 3-201 to 3-234 (Maryland Uniform Arbitration Act).

### **Kainos Ministries, LLC**

104 Castletown Road, Unit 302 Timonium, MD 21093